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February 2023

## **GAMBLERS ANONYMOUS LIFE-LINE YEARLY BULLETIN SUBSCRIPTION FORM**

*Mail to:* **GAMBLERS ANONYMOUS  
INTERNATIONAL SERVICE OFFICE  
1306 MONTE VISTA AVE., STE 5  
UPLAND, CALIFORNIA 91786  
(909) 931-9056**

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### **DISCLAIMER**

The Life-Line Bulletin, published monthly by the International Service Office of Gamblers Anonymous, 1306 Monte Vista Ave., Ste. 5, Upland, California 91786, is a newsletter for and about members of Gamblers Anonymous. Opinions expressed herein are not to be attributed to Gamblers Anonymous as a whole nor does the publication of any article imply any endorsement by Gamblers Anonymous as a whole. Any manuscript or other material submitted to Gamblers Anonymous for consideration to be published in the Life-Line Bulletin cannot be returned. No portion of any Life-Line Bulletin may be used or reprinted without the express written permission of our International Service Office.

**GAMBLING**, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or "skill" constitutes gambling.

# **BOARD OF REGENTS MEETING MINUTES OF JANUARY 21, 2023**

**Call to order:** The Chair, Valerie D., called the meeting to order at 9:30 A.M.

The Chair reminded everyone that recording of this meeting is not permitted.

**Roll call was taken by the secretary, Guy H.**

Present: Cathy F., Guy H., John C., Valerie D., Zach M., Israel A.,  
Office Manager

Present by phone: Andre G., Arnie B., Gary M., Jo K., and KC B., International  
Executive Secretary

## **A. Minutes for December 17, 2022:**

A motion was made to approve the minutes as written:

**MOTION SECONDED AND PASSED  
FOR – 9 AGAINST – 0 ABSTAINED – 0**

## **B. Operating Statement for December 2022:**

A motion was made to approve the December 2022 Operating  
Statement as written.

**MOTION SECONDED AND PASSED  
FOR – 9 AGAINST – 0 ABSTAINED – 0**

## **OLD BUSINESS**

### **A. Office Manager Report – Israel A.**

- Lifeliners – three, CA-1 / FL-2
- New Cans – none
- Group Information requests forms received – none.
- Group Information request forms received prior to sending out starter kits – four Starter Kits were sent out to: Indio, CA / New Hope, MN / Bridgeton, NJ / Herkimer, NY
- Prison starter kits – none

- Venmo and Zelle donations were \$1,062.85: Groups \$313.52, 1x Donations \$196.00, LL Donations \$285.00, I.S.O. Cans Contributions \$268.33.
- Review CD/savings accounts with Treasurer and Recording Secretary. This was completed after the meeting.
- PayPal donations link added to website update. It was reported that this is in progress.
- New Pitney Bowes postage meter has been acquired.

#### **B. International Executive Secretary Report – KC B.**

- December 2022 bulletin completed right after Christmas.
- Reached out to formatter and confirmed that Quark Xpress is the software used.
- Sent letter regarding B.O.R. elections to all current and past Trustees as it had not been done and was only in the bulletin since November.
- Updated notes to send B.O.R. elections letter to Trustees, Intergroups, and put it in the bulletin at the next election cycle.
- Working on January bulletin which should be finished after getting information needed from the I.S.O.
- Updated prices on literature order form.

#### **C. By-Laws Committee Report – Jo K.**

- Topics discussed included:
- Clarifying the language in the By-Laws to determine what is required per the State of California and what is procedural in nature.
- A comment was made that By-Laws are needed by certain institutions to conduct business such as opening bank accounts.

#### **D. Finance Committee – John C.**

- Topics discussed included:



- Lifeliners that do not appear in the monthly Bulletin. This was regarding Lifeliners that donate in a manner other than monthly (annually, quarterly, or semi-annual).
- Literature shipping costs. The office has upgraded the Pitney Bowes postage meter. This machine has new features that have decreased the cost for some of the items that are mailed out.
- Future plans for the committee. The committee plans to continue, and the next meeting is scheduled for 2/14/2023 at 5pm PST.
- CD options for current US Bank CD and new CD with Citibank. US Bank has offered to rollover this 3-month CD which currently earns .05% to a 9-month CD at a rate of 3.90%. The Citibank CD that the B.O.R. discussed last month for a 6-month CD at 3% was not completed. Citibank is now offering a 1-year CD at 4.15%. There are items on the B.O.R. meeting agenda regarding these options. The Finance committee is in favor of both items.

**E. REVIEW AND VOTE ON 2022 FALL CONFERENCE ITEMS THAT AFFECT THE ISO AND THE BOR. – Val D.**

- Refer to Fall Board of Trustees meeting minutes October 2022, Cancun, Mexico.

A motion was made to approve agenda item #3 as written.

**MOTION SECONDED AND PASSED**  
**FOR – 9 AGAINST – 0 ABSTAINED – 0**

A motion was made to approve agenda item #6 as written.

**MOTION SECONDED AND PASSED**  
**FOR – 6 AGAINST – 1 ABSTAINED – 2**

Roll Call vote follows:

Andre G. – yes  
 Cathy F. – yes  
 Gary M. – abstained  
 Guy H. – yes  
 Jo K. – no  
 John C. – yes  
 Valerie D. – yes  
 Zach M. – abstainee

A motion was made to approve agenda item #8 as written.

**MOTION SECONDED AND PASSED  
FOR – 9 AGAINST – 0 ABSTAINED – 0**

A motion was made to approve agenda item #10 as written.

**MOTION SECONDED AND PASSED  
FOR – 8 AGAINST – 1 ABSTAINED – 0**

Roll Call vote follows:

Andre G. – yes  
Arnie F. – yes  
Cathy F. – yes  
Gary M. – yes  
Guy H. – yes  
Jo K. – no  
John C. – yes  
Valerie D. – yes  
Zach M. – yes

A motion was made to approve agenda item #11 as written.

**MOTION SECONDED AND PASSED  
FOR – 9 AGAINST – 0 ABSTAINED – 0**

## **NEW BUSINESS**

**A. DISCUSS US BANK CD THAT IS MATURING IN JANUARY 2023. – John C.**

- CD terms and rates were presented to the B.O.R. for consideration.

A motion was made to rollover the US Bank CD for a 9-month term with a rate of 3.9%.

**MOTION SECONDED AND PASSED  
FOR – 6 AGAINST – 2 ABSTAINED – 1**

Roll Call vote follows:

Andre G. – yes  
Arnie F. – no  
Cathy F. – no  
Gary M. – yes

Guy H. – yes  
Jo K. – yes  
John C. – yes  
Valerie D. – abstained  
Zach M. – yes

A motion was made to deposit \$170,000.00, from the Chase CD that matured, into a new Citibank CD for a 12-month term at a rate of 4.15% with the residual amount to remain in the Bank of America checking account.

**MOTION SECONDED AND PASSED**  
**FOR – 9 AGAINST – 0 ABSTAINED – 0**

**B. DISCUSS LIFELINER DONORS THAT CURRENTLY DO NOT APPEAR IN THE BULLETIN EACH MONTH. – John C.**

- Due to periodic donations, the names of some Lifeliners do not appear in the bulletin on a monthly basis.
- Opinions were expressed as to the merits and/or difficulties in listing the names of all Lifeliners in the bulletin.
- It was reported that the list of names of donors to be included in the bulletin is generated from QuickBooks monthly.
- Discussion only. No motion made.

**C. ADDING LINKS ON G.A. WEBSITE. – Gary M.**

A motion was made to add a link to the literature order form to the homepage of the G.A. website.

**MOTION SECONDED AND PASSED**  
**FOR – 9 AGAINST – 0 ABSTAINED – 0**

A motion was made to add links to the price increase and discounted literature flyers to the homepage of the G.A. website.

**MOTION SECONDED AND PASSED**  
**FOR – 9 AGAINST – 0 ABSTAINED – 0**

A motion was made to add a donations page link for Zelle, Venmo, and PayPal to the homepage of the G.A. website.

**MOTION SECONDED AND PASSED  
FOR – 9    AGAINST – 0    ABSTAINED – 0**

**Number of people who called in to listen to the meeting: 0 Collected:\$85.00.**

**Meeting ended with the Serenity Prayer at 11:41 A.M. Next meeting will be February 18, 2023.**

**Respectfully submitted by Guy H., Secretary**

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**HELP IS AVAILABLE!**

On page 17, item #7 it says: “We encourage every Gamblers Anonymous member to have a Pressure Relief Group Meeting, as it offers guidance toward a normal way of thinking and living.”

Any member desiring individual assistance with his/her Pressure Relief, please contact Bruce W. at [brucelaw8@mac.com](mailto:brucelaw8@mac.com). He will reply by email or phone if you provide your number.

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**RECOVERY PROGRAM**

As I go through the Recovery Steps this year, I'll be using several different pieces of our literature for these steps. I'm using the Gamblers Anonymous Working the Steps pamphlet, as well as the Gamblers Anonymous Writing the Steps booklet. These are both available in the online store on our website at [www.gamblersanonymous.org](http://www.gamblersanonymous.org).

I hope you find these helpful and they help you in your journey in some way.

***STEP 2 – Came to believe that a Power greater than ourselves could restore us to a normal way of thinking and living.***

Having been convinced of our powerlessness over gambling and the unmanageability of our lives in Step One, we are now told that only a power greater than ourselves could restore us to a normal way of thinking and living. (THIS MEANS WE CAN'T DO IT BY OURSELVES). At this point, we must begin to develop open-mindedness. For only by beginning to be open-minded, can we start to understand the true meaning of the step. Most, if not all, of our members have found a resistance or a reluctance to deal with a higher power. The idea of a power greater than ourselves, restoring us to a normal way of thinking and living, does not come easily to us. However, if we truly believe that we are powerless over gambling and have an illness that will progressively destroy our lives, then we desperately need a solution to our illness.

In this step, we are told that there is a solution. Our solution is living a spiritual recovery program. This Spiritual Recovery Program is brought about by a progressive character change that cannot be accomplished through willpower. We need a source of power that is greater than ourselves to bring about this change. The change will take place by proceeding with the work required in the remaining steps. What will come with the work is an understanding and practice of kindness, generosity, honesty, and humility within ourselves and with others which will lead us eventually to a belief in a Power of our own understanding.

Here, many of us had to examine why we refused to believe in a Power greater than ourselves. We found that some of the obstacles preventing us from attempting to believe were pride, ego, fear, self-centeredness, defiance, and grandiosity. In order to recover from our illness, these obstacles must be eliminated. Here, our sponsors can be of assistance. They can share with us their experiences as to how they overcame their resistance to believe in a Higher Power. We found that writing about our resistance is a good method to help us. We had to put on paper how the obstacles blocked us and led us to refuse to accept a Higher Power.

Most of us did not fully understand what this Higher Power was. At this point, it was only necessary to accept that there was one. Many of us used our sponsor, other members, or the Fellowship as this Higher Power, but eventually, as we proceeded with the work required in these steps, we came to believe this Higher Power to be a God of our own understanding. We must have the honesty to look at our illness, the open-mindedness to accept the solution being told to us and the willingness to apply this solution by proceeding on with the recovery process of these steps.

#### Exercise: Our Beliefs & Values

1. What happened each time you attempted abstinence on your own before you came to GA?
2. How is your abstinence within the GA program different?
3. Three (3) core beliefs and/or value that gambling caused you to ignore, abandon, or compromise when you were active in your addiction.
4. With your abstinence within the GA program, have these core beliefs and/or values been restored to you? How do you feel about that? What difference do they make in your life today?

#### Exercise : Willingness

Step 2 asks us to open our minds to the possibility that there is a Power greater than ourselves. YOU create YOUR OWN concept of a Higher Power. There can

be many sources and inspirations for it: religious upbringing, family tradition, life experiences, group membership, reading, training, travel. Ultimately, it is a personal, spiritual choice – one of YOUR OWN understanding at this time. Keep in mind that as the fog from gambling clears and you let go of your need to control people, places, and things, that understanding may change, grow, or deepen. At this point, we need only become willing to make it a part of our recovery process.

Write about:

1. Is your mind open to the possibility of a Power greater than yourself? If not, what things are keeping your mind closed? Pride? Ego? Self-centeredness? Stubbornness? Fear? Would you be willing to set them aside, just for today?
  2. Have you ever seen a “Greater Power” at work in the lives of others? Have you ever experienced such a Power at work in your own life?
  3. Three things that you believe in and trust today.
  4. Belief + Trust = Faith. Does writing about what you believe in, and trust give you a sense that there is or could be a force at work in your life beyond your own will? Are you willing to welcome this safe, loving, and supportive presence into your recovery?
- 

### **From the desk of your International Executive Secretary.**

Yet another month of our new year is upon us and we’re moving forward! I’d like to first address a typo I made in last month’s bulletin! Under the One-Time Donations I had “November 2022” when it should have read “December 2022”. My apologies for that! There I go proving to myself that I am only human!

Once again, thank you to all of the groups, intergroups, RSOs, and members who have sent donations to the ISO. These donations help your International Service Office continue running and getting our literature out there. It helps us with our primary purpose of carrying the message to compulsive gamblers who still suffer.

I am so grateful I am in this fellowship. I could not do any of this without you and I’d be lost without you. Thank you for being on this journey with me.

Every now and then, we are asked what the International Service Office does and every year, in February, we’ve given some answers in the bulletin. You’ll notice it’s a bit different from previous years due to all the changes over the last couple of years. I’ve tried to separate the I.S.O. stuff from the I.E.S. stuff. There may be some crossover here and there as well.

Here are a few lists to hopefully explain what the International Service Office does and what the International Executive Secretary does. These are not all-inclusive lists, just some of the things that we do.

Remember, if you have any questions at all, please don't hesitate to reach out to me at [ies@gamblersanonymous.org](mailto:ies@gamblersanonymous.org).

### **WHAT DOES THE I.S.O. DO?**

1. Answers telephone, e-mails, and all other correspondence received. Our office staff either handles it there or forwards it to the International Executive Secretary.
2. Sorts and distributes daily mail received.
3. Updates and maintains the Gamblers Anonymous International Directory on our website.
4. Maintains reports for all money received through QuickBooks and processes receipts for all donations; Lifeliners, Cans, Groups, etc.
5. Processes and sends all orders received by mail, fax, and from our on-line store.
6. Prepares and sends Starter Kits to those requesting them and keeps the Trustees informed of when and where meeting kits are going. The Office Manager also gives this information during his report at the Board of Regents monthly meeting.
7. Sends "Information Packets" with a letter about Gamblers Anonymous to the people requesting information on our Program.
8. Keeps inventory of literature on hand.
9. Orders and inventories office supplies.
10. Prepares month end Accounts Receivables Report and sends invoice copies that are due to be paid.
11. Processes receipts for all accounts receivables and literature orders.
12. Balances ledgers to deposits and makes weekly bank deposits.
13. Prepares monthly Operating Statement and does complete accounting procedures for the office.

14. Keeps track of all accounts payable and processes the checks for bills that are signed by two of three mandatory signatures of the Board of Regents.
15. Constantly updates and reprints (upon approval by the Board of Trustees) new literature.

### **WHAT DOES THE I.E.S. DO?**

1. Sends pertinent information to Trustees, Regents, and members as needed.
2. The IES, with assistance from the physical ISO compiles, enters, and proofreads all letters, donations, anniversaries, etc. for Lifeline Bulletin on a continuing basis.
3. Puts together the Lifeline Bulletin with all letters and information sent from the ISO.
4. Updates the Trustee Listing and maintains contact information for the trustees.
5. Attends all BOT meetings and/or International Conferences and takes minutes of the meetings.
6. Transcribes the minutes from the BOT meetings using hand written notes, motion slips, etc. The digital recording of the meetings are used to verify handwritten notes taken.
7. Tracks Lifeline donations.
8. Answers questions and inquiries about GA and the ISO.
9. Attend monthly Board of Regents meetings.

### **HOW DOES THE I.S.O. RECEIVE ITS MONEY?**

**LIFELINERS** – a Lifeline is an individual donation from a member on a monthly basis. You can pledge any amount you wish. It is a personal thing and only you and the International Service Office know the amount you give. If you are interested, the form to fill out is on the back cover of the monthly bulletin.

**CAN CONTRIBUTIONS** – a Can contribution is a direct donation to the I.S.O. Groups pass around a can at their meeting and then send a check or money order once a month totaling the amount collected. If you do not have a Can or Can number, and would like one, please let us know and we will see that you get one.



**GROUP CONTRIBUTIONS** – a Group contribution is what is donated to the I.S.O. from the groups after they have met all of their expenses, such as rent, coffee, literature, etc.

**INTERGROUP CONTRIBUTIONS** – An Intergroup contribution is what an individual Intergroup has decided amongst themselves to donate to the I.S.O.

**LIFE-LINE BULLETIN SUBSCRIPTION** – a Bulletin subscription is when a member or group subscribes on a yearly basis to receive the Life-Line Bulletin by First-Class mail. The order form is on the second page of this issue for those of you reading this online, and on the front inside cover of this issue, for those of you who are already subscribers and reading your subscription copy.

**ONE-TIME DONATIONS** – A One-Time donation can be one of many different ways to give to the I.S.O. For example, a donation in honor of yours, or the Anniversary of someone you care about; in memory of a beloved member; or just for being grateful to have found a Fellowship such as ours. A group, individual, or individuals may make a One-Time donation. (However, these donations must be from G.A. members. As we all know, outside contributions are not accepted.)

**SALE OF LITERATURE** – Selling G.A. approved Literature is our only profitable means of income.

I hope you found this helpful!

Yours in recovery and gratitude, KC B.

## **GROUP NEWS**

*Note From I.S.O.: Thank you to all our members who send in letters, donations, and kind words each month. Please keep writing and sharing your experience, strength, and hope with everyone.*

Happy New Year, I.S.O.!

Enclosed is a donation from some individual members and some G.A. groups in the Greater Vancouver Area Intergroup.

Thank you for my recovery, Esther J., Surrey, British Columbia, Canada

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Dear I.S.O.,

Please accept this donation to Gamblers Anonymous. It represents the balance in the account of the St. Cloud GA Sunday night meeting in St. Cloud, Minnesota.

A long-time leader of our meeting, Brennan passed away unexpectedly in July of 2022. He was a good friend and listener. We had many enjoyable conversations.

Thank you for everything you do for the troubled gambler and an addiction so hard to conquer. I have always said, Meetings Make It.

Sincerely, Ruth S., St. Cloud, Minnesota

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Dear Israel,

Just a quick note to wish you and all at I.S.O. a happy, healthy, and safe New Year. Enclosed is a donation from the Daytona Beach Tuesday and Thursday rooms.

Thank you, Frank M., Daytona Beach, Florida

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Dear I.S.O.,

Please accept this donation from the Tuesday night room in Ft. Lauderdale at the 12 Step House. We are a small room but still know even a small donation can make a difference.

Individually, we are compulsive gamblers, together we are the Fellowship.

Thank you for all that you do to keep our members safe, and the doors open.

Neal G., Ft. Lauderdale, Florida

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Dear KC B., Israel, Jason, and all,

I can't think of a better way to celebrate my one-day at a time anniversary of 20 years on January 9 than to increase my monthly Lifeline contribution.

Thank you for all you continue to do to support my commitment to abstinence, recovery, and being of service to those who still suffer.

Sincerely, Pam K., Sun Lakes, Arizona

Hello I.S.O. Friends,

Enclosed is the regular monthly contribution from our Friday Nazareth Hospital, Philadelphia group.

Thanks for all you do and keep up the great work!

Your friend in recovery, John B., Philadelphia, Pennsylvania

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Dear I.S.O.,

Thank you for helping so many. Our GA group continues to fluctuate a lot, after having only 2 to 4 people.

I sure have been blessed with no gambling for 11.5 years.

Helene M., Stevens Point, Wisconsin

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Hello I.S.O.,

Here is a donation from the Monday Night Norwich, Connecticut group. Happy New Year.

Sincerely, Paul S., Uncasville, Connecticut

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Dear I.S.O.,

Enclosed you'll find a room donation from Monday Night Bowmansville.

Thank you for all the work you do.

Bill K., Bowmansville, New York

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Dear I.S.O.,

Wishing everyone a healthy and happy New Year.

T.R., Toms River Thursday, New Jersey

Dear I.S.O.,

Thank you all for the great work in keeping the wheels on the bus for all of us in GA. 21 years for me. Thank God.

Best Regards, Art G., Largo, Florida

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Dear I.S.O.,

Thanks for all that you do.

Monday Night North Palm Beach, Florida

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Dear I.S.O.,

Thanks for keeping G.A. going! This is a small donation from the Everett, Washington Thursday Night group.

Loretta S., Everett, Washington

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Dear I.S.O.,

Thank you for all you do. We appreciate you.

Happy 2023 – one day at a time.

Debbie D., Billings, Montana

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Hello all,

Plantation Wednesday night sends this donation to the ISO in honor to help spread the message of Gamblers Anonymous.

We in South Florida realize every bit helps.

Thank you all for keeping our International Service Office running smoothly and being there when we need you.

Neal G., Plantation Wednesday, Florida

Dear I.S.O.,

Have a great New Year with great health, wealth, joy, and happiness, and most of all great recovery and love.

Ray H., Delray Beach, Florida

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Dear I.S.O.,

My name is Maxine S. and I have been abstinent from gambling for five years as of August 18, 2017. My home group is the Monday night Monterey group held via virtual meeting from 6 PM to 7:30 PM. I have a sponsor who has been abstinent from gambling for 9 years in March 2023.

I entered the G.A. rooms right around the time of leaving my husband of 20 years. I gambled for many years prior to arriving at GA. In the beginning of my marriage, we would have reunions with my mom and her husband at the Silver Legacy in Reno, Nevada. We would all rendezvous at Indian casinos and various hot spots located close to casinos as well.

During my gambling career, I began to try other gambling games such as black jack, sitting in a fantasy world with the false idea that I knew if I played at night, I could walk away a “winner.” The reality was, I rarely won, but became glued to my chair always with the idea that I know I can beat the house.

My husband and I began to hold poker parties at our beautiful home in San Martin, California every Saturday. I made all the phone calls, cooked all the food, served all the people who came to the house and would stay up until 1 AM or 2 AM cleaning up. My husband loved this and was the guy who would often end up with most of the money at the end of the night.

I began shrinking into a person who felt like I was doing everything, but really felt like some kind of loser.

Needless to say, after a couple of years of this insanity, I decided to join GA and I also decided to leave my husband.

GA has been a revelation for me. Most days, I am focused, present and aware. I am more honest than I have ever been. My bills get paid monthly and I genuinely care about my fellow man.

I have no unresolved issues with any members in my immediate family. GA has honestly given me my life back and it's a like I might have never known without Gamblers Anonymous.

In recovery, Maxine S., Monterey, California

## ANNOUNCEMENT OF UPCOMING EVENTS

### **Breaking News – Scoop of the Day**

#### **2023 SJIG Mini Conference**

**Saturday April 22, 2023**

Hope Church

700 Cooper Road

Voorhees, New Jersey 08043

For more information, email me at [ies@gamblersanonymous.org](mailto:ies@gamblersanonymous.org) and I'll get you in contact with one of the committee members.

### **Happy, Joyous, and Free in 2023**

#### **GASN Mini-Convention**

**Saturday, April 29, 2023**

Christ the King Catholic Church

4925 S. Torrey Pines Drive, Las Vegas, NV 89118

For more information, email me at [ies@gamblersanonymous.org](mailto:ies@gamblersanonymous.org) and I'll get you in touch with one of the committee members.

### **2023 Chicagoland Intergroup**

#### **Fall 2023 International Conference**

**November 17 – 19, 2023**

Hilton Oak Brook Hills Resort & Conference Center

3500 Midwest Road, Oak Brook, IL 60523

For more information, visit their website at

[www.internationalconference2023.org](http://www.internationalconference2023.org)

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## INDIVIDUAL LIFELINER DONATIONS RECEIVED IN THE MONTH OF JANUARY 2023

### **ARIZONA**

L211	Jim L.
L221	Janat G.
L267	Penny V.
L287	James S.
L396	Pam K. x2
L546	Mo M.
L692	Doug G.
L964	Gregory B.

### **CALIFORNIA**

L1	Bob W.
L4	Tom M.
L6	Bill S.
L8	Dan B.

L9	Mike M.
L18	Chris G. x2
L19	Wendy B. x2
L21	Ed E.
L31	Russell S
L70	Keith B.
L73	Karen H.
L87	Mike S.
L88	Valerie D.
L100	Mazi S.
L116	Rob D.
L117	Steve F.
L120	Phil C.
L151	Murray F.

L158	Gagik G.	L106	Raymond H.
L209	Jose C.	L143	Neal G.
L219	Leonard K.	L160	Jim C.
L246	Patrick S.	L175	Lloyd A.
L273	Victor S.	L189	Norman O.
L298	Cathy F.	L205	Steve P.
L301	Steve K.	L225	Kevin K.
L314	Alan S.	L233	Robert M.
L320	Fenton T.	L251	Frank G.
L367	Jerry L.	L261	Stephen S.
L384	Alvin F.	L262	Arthur G.
L390	Jack R.	L313	Herman G.
L408	Ira B.	L351	Russell H.
L419	Rufus B.	L420	Mark S.
L432	Patrick P.	L423	Kathleen H.
L453	Bennett S.	L450	Neil S.
L480	Ezra B.	L483	Victor C.
L496	Guy H.	L511	Chris N.
L544	Harold A. x2	L549	Patricia P. x2
L580	Curtis G.	L590	Dennis A.
L593	Grant M. x2	L607	Debbie M.
L601	David L.	L627	Pauline F.
L609	Kathie S.	L695	Ronald B.
L617	Mike Z.	L815	Linda S.
L623	Lucille T.	L835	Howard M.
L636	Bob C.	L840	Janice M.
L648	Edward K.	L843	Neal V.
L678	Lynell B.	L844	Arnie B.
L701	David L.	L904	Marlon D.
L734	Joseph C. x2	L944	Brent S.
L754	Geoff M.	L945	Eugene K.
L772	Ara H.	L956	Thomas C.
L834	Candice B.	L993	Carlos M.
L836	Albert Y.	L995	Charles S.
L907	Joseph G.	<b>GEORGIA</b>	
L908	Jordan K.	L672	Tony L.
L946	Estela M.	<b>HAWAII</b>	
L963	Eric F.	L284	Kevin H.
L965	Brandon S.	L553	David C.
L966	Jason G.	<b>ILLINOIS</b>	
<b>COLORADO</b>		L63	Bob C.
L147	Lou W.	L114	Ellen Z.
L950	Ron G.	L344	Eileen Z.
<b>CONNECTICUT</b>		L823	Luke W.
L581	Paul S.	L962	Cynthia M.
<b>FLORIDA</b>		<b>INDIANA</b>	
L2	Bill B.	L880	Fred B.
L54	Ray T.	<b>KANSAS</b>	
L81	Paulette T.	L918	Nancy W.
L97	Chuck R.	<b>KENTUCKY</b>	

L115 Laura S.  
L195 Steve B.

**LOUISIANA**

L27 Betty S.  
L354 Kathy S.

**MASSACHUSETTS**

L318 Jeff H.  
L598 Vinny S.

**MARYLAND**

L162 Jim D.

**MICHIGAN**

L250 Carol K.  
L272 Joann D.

**MINNESOTA**

L565 Corey J.  
L803 Renee G.

**NEW HAMPSHIRE**

L277 Roy W.

**NEVADA**

L150 Rollo V.  
L278 Harlan S.  
L317 Pat M.  
L325 Terry D.  
L410 Joanne F.  
L439 Ira K.  
L486 Zeny K.  
L561 Pilar L.  
L599 Igor K.  
L602 Trey D.  
L612 Dan Mc.  
L690 Lenore D.  
L768 Tom H.  
L837 Harriet K.  
L846 Bobby B.  
L973 Rick O.  
L974 Mark G.  
L982 Rex W.

**NEW JERSEY**

L174 Mike D.  
L179 Chris N.  
L183 Robin D.  
L223 Fred D.  
L311 Andrew D.  
L349 George L.  
L429 Dennis S.  
L433 Joseph F.  
L438 Matthew C.  
L482 Ann K.

L497 Dave S.  
L547 John P.  
L699 Craig H.  
L856 Scott B. x2  
L863 Kathleen P.

**NEW MEXICO**

L473 Brenda J.  
L662 Joel K.  
L847 Catherine B.  
L906 Mary F.

**NEW YORK**

L10 Bill B.  
L308 Jordan P.  
L368 Ira C.  
L465 Mohammed M.  
L516 Susan W.  
L554 Dan L. x2  
L852 Norberto B.  
L882 Joe B.  
L887 Pierre J.  
L951 Brad B.

**OHIO**

L948 Edward G.

**OREGON**

L584 Curt P.  
L881 Pam B.  
L912 David U.

**PENNSYLVANIA**

L40 Dan M.  
L71 Marla J.  
L345 John B.  
L533 Debbie D.  
L820 Josh S.  
L822 David S.  
L923 Mary M.

**SOUTH CAROLINA**

L460 Louis M.

**TEXAS**

L245 Alan S.  
L712 Debra D.

**WASHINGTON**

L425 Terry D.  
L659 Connie M.

**WISCONSIN**

L443 Constance T.

**CALGARY**

L984 Steve L.



## INDIVIDUAL LIFELINER DONATIONS JANUARY 2023

ARIZONA (8)	150.00	MINNESOTA (2)	70.00
CALIFORNIA (58)	4,687.00	NEW HAMPSHIRE (1)	150.00
COLORADO (2)	45.00	NEVADA (17)	765.00
CONNECTICUT (1)	20.00	NEW JERSEY (15)	226.00
FLORIDA (38)	1,948.00	NEW MEXICO (4)	170.00
GEORGIA (1)	80.00	NEW YORK (11)	426.00
HAWAII (2)	77.00	OHIO (1)	20.00
ILLINOIS (5)	65.00	OREGON (3)	70.00
INDIANA (1)	15.00	PENNSYLVANIA (7)	178.00
KANSAS (1)	50.00	SOUTH CAROLINA (1)	20.00
KENTUCKY (2)	60.00	TEXAS (2)	650.00
LOUISIANA (2)	20.00	WASHINGTON (2)	20.00
MASSACHUSETTS (2)	71.00	WISCONSIN (1)	15.00
MARYLAND (1)	15.00	CALGARY (1)	35.63
MICHIGAN (2)	135.00	<b>TOTAL (194)</b>	<b>\$10,253.63</b>

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## ANNIVERSARIES

<b>47 YEARS</b> .....	IRA C.	2/9	Wantagh, NY
<b>42 YEARS</b> .....	PAUL L.	2/18	Edison, NJ
<b>41 YEARS</b> .....	MIKE I.	2/15	Las Vegas, NV
	MIKE M.	2/25	Downey, CA
<b>39 YEARS</b> .....	NEIL S.	2/24	Plantation, FL
<b>36 YEARS</b> .....	AL S.	2/7	Douglaston, NY
<b>35 YEARS</b> .....	BOB Y.	1/27	Hicksville, NY
	ALFREDO M.	2/21	Las Vegas, NV
	JEFF R.	2/27	Woodbury, NY
<b>34 YEARS</b> .....	TOM H.	1/29	Palatine, IL
<b>33 YEARS</b> .....	STEVE T.	1/9	Woodbury, NY
<b>30 YEARS</b> .....	MINDY R.	2/8	Patchogue, NY
<b>29 YEARS</b> .....	JERRY T.	1/10	Trappe, PA
<b>28 YEARS</b> .....	MIKE V.	1/30	Havertown, PA
<b>26 YEARS</b> .....	JOE M.	1/20	East Meadow, NY
	ROSIE S.	1/22	San Diego, CA
	AL Z.	1/26	Wantagh, NY
	DANNY N.	2/21	East 31 <sup>st</sup> St. Zoom, NY
<b>25 YEARS</b> .....	CHRIS S.	1/15	Stanton, DE
	CINDY F.	1/19	Joliet, IL

<b>25 YEARS</b> ( <i>cont</i> ) . . . . .	RANDY A.	2/9	Reno/Sparks, NV
	PAT D.	2/10	Windsor, ON
<b>23 YEARS</b> . . . . .	CHRIS M.	1/31	Joliet, IL
<b>22 YEARS</b> . . . . .	JULIUS H.	1/1	Roxborough, PA
<b>21 YEARS</b> . . . . .	WILLIE F.	1/29	San Diego, CA
	PAUL A.	2/12	Five Towns, NY
<b>20 YEARS</b> . . . . .	SANDI K.	1/3	San Diego, CA
	HERB P.	1/17	San Diego, CA
	BRENDA J.	2/15	Las Vegas, NV
	TOM SH	2/16	Bullhead City, AZ
<b>19 YEARS</b> . . . . .	FRED L.	11/23	Palatine, IL
	PAM E.	1/5	Joliet, IL
	DIANNA R.	1/6	Palatine, IL
	ROB B.	1/28	San Diego, CA
	JIM Y.	2/9	Reno/Sparks, NV
	TERRY P.	2/9	Windsor, ON
	IRENE K.	2/10	Las Vegas, NV
	KEVIN	2/28	Red Deer, AB
<b>18 YEARS</b> . . . . .	BETH A.	1/15	San Diego, CA
	KATHIE S.	2/7	Rancho Cucamonga, CA
	LARRY F.	2/9	Las Vegas, NV
	BILL T.	2/21	Rochester, NY
	WILL S.	2/21	Kissena, NY
<b>17 YEARS</b> . . . . .	JO K.	1/31	St. Louis, MO
	TONY M.	2/11	Los Angeles/Hollywood, CA
	SAL E.	2/28	Wantagh, NY
<b>16 YEARS</b> . . . . .	DON S.	1/5	San Diego, CA
	KAREN H.	1/27	San Diego, CA
	JIM S.	2/5	Calgary, AB
	FRANK P.	2/8	Staten Island, NY
	CHARLOTTE F.	2/9	Calgary, AB
<b>15 YEARS</b> . . . . .	PETER U.	1/12	San Diego, CA
	MIKE K.	1/16	San Diego, CA
	RICK H.	1/24	San Diego, CA
<b>14 YEARS</b> . . . . .	DONNA T.	1/9	NE Philadelphia, PA
	SHAWN M.	1/9	NE Philadelphia, PA
	NANCY B.	1/20	San Diego, CA
	PAT H.	2/6	Staten Island, NY
	CHRISTINE K.	2/9	Las Vegas, NV
	MIKE S.	2/14	Reno/Sparks, NV
	MARTHA B.	2/21	Windsor, ON

<b>13 YEARS</b> .....	CHRIS C.	1/2	San Diego, CA
	LOU V.	1/3	NE Philadelphia, PA
	JANET C.	1/6	San Diego, CA
	MIKE	1/10	Calgary, AB
	SEWAN H.	2/7	East 31 <sup>st</sup> St., NY
<b>12 YEARS</b> .....	ELI D.	2/15	Bensonhurst Recovery, NY
	DREW S.	2/15	East 79 <sup>th</sup> St., NY
	PAM B.	2/15	Oregon City, OR
	MARY ANNE R.	2/22	North Tonawanda, NY
	BANSONG N.	2/28	Suwon, KOR
<b>11 YEARS</b> .....	DONNA B.	1/1	Langhorne, PA
	YON T.	1/18	Media, PA
	WILLIAM Y.	1/20	San Diego, CA
	FRANK F.	1/22	Trappe, PA
	CIRO L.	2/9	Forest Hills, NY
	STEVE C.	2/15	Staten Island, NY
	BRAD	2/17	Reno/Sparks, NV
	UMAN C.	2/28	Suwon, KOR
<b>10 YEARS</b> .....	MORRI K.	1/17	San Diego, CA
	PUNAM M.	1/20	Henderson, NV
	DONNA P.	1/22	Five Towns, NY
	JAMES	2/8	Calgary, AB
	JOE D.	2/22	Massapequa Park, NY
	SHELLEY L.	2/23	Henderson, NV
	JOE M.	2/28	Voorhees, NJ
<b>9 YEARS</b> .....	KATIE F.	12/8	Parksville, BC
	FRED L.	1/15	San Diego, CA
	BOB C.	1/16	Woodbury, NY
	MARY C.	1/17	San Diego, CA
	DOM S.	2/7	Voorhees, NJ
	TERRY H.	2/9	Reno/Sparks, NV
	LAURA M.	2/17	Rancho Cucamonga, CA
	FRANK J.	2/17	Las Vegas, NV
	TONY M.	2/24	Hicksville, NY
	TAPDONG Y.	2/28	Suwon, KOR
<b>8 YEARS</b> .....	MONICA O.	1/2	Bolingbrook, IL
	EDY C.	1/7	Bethlehem, PA
	SCOTT S.	1/7	NE Philadelphia, PA
	ERIC F.	1/10	Willow Grove, PA
	KATHY W.	1/26	San Diego, CA
	RITA S.	2/14	Voorhees, NJ
	JUSTIN A.	2/17	Reno/Sparks, NV

<b>8 YEARS (cont)</b> . . . . .	JOANNA C.	2/21	Las Vegas, NV
	IGOR K.	2/23	Las Vegas, NV
	AL S.	2/24	Las Vegas, NV
<b>7 YEARS</b> . . . . .	VALERIE C.	1/4	Lisle, IL
	ZAC N.	1/6	San Diego, CA
	MICHAEL B.	1/13	San Diego, CA
	JANICE R.	1/13	NE Philadelphia, PA
	CHARLES S.	1/15	Stanton, DE
	MATT L.	1/19	Wantagh, NY
	JONATHAN S.	1/27	San Diego, CA
<b>6 YEARS</b> . . . . .	THERESE K.	2/23	Hillsboro, OR
	GEE L.	1/1	San Diego, CA
	CAROLYN K.	1/1	Hunting Park, PA
	MEREDITH H.	1/3	San Diego, CA
	CARMINE V.	1/7	East Northport, NY
	STEVE Y.	1/12	Bohemia, NY
	MEL T.	1/19	Bohemia, NY
	JEROME S.	1/23	San Diego, CA
	JEN M.	1/28	Reading, PA
	JAY C.	2/21	Voorhees, NJ
	MIKE S #3	2/28	East 31 <sup>st</sup> St., NY
<b>5 YEARS</b> . . . . .	ARIF M.	12/4	Port Coquitlam, BC
	OLEG G.	1/3	NE Philadelphia, PA
	JOSH M.	1/7	Doylestown, PA
	ALISSA S.	1/13	San Diego, CA
	JUDY K.	1/16	Plymouth Meeting, PA
	STEVE K.	1/17	Doylestown, PA
	MATTIE L.	1/29	Methodist, PA
	ROGER L.	2/3	Reno/Sparks, NV
	STEVE W.	2/3	Forest Hills, NY
	NAVAL S.	2/4	Church on the Hill, NY
	ED H.	2/7	Wantagh, NY
	DAN P.	2/9	Marlton, NJ
	JIM E.	2/16	Forest Hills, NY
	INGAY L.	2/18	Seoul, KOR
	JINDONG L.	2/19	Seoul, KOR
	SANDI D.	2/20	Las Vegas, NV
	CHRIS V.	2/21	Mahopac, NY
<b>4 YEARS</b> . . . . .	PJ	2/24	48 <sup>th</sup> St., NY
	CHRIS	12/6	Calgary, AB
	IDELLA W.	1/7	Hunting Park, PA
	RYAN S.	1/8	San Diego, CA

<b>4 YEARS (cont)</b> . . . . .	RO Y.S.	1/13	San Diego, CA
	BRIAN M. (2)	1/26	San Diego, CA
	KEN	2/18	Calgary, AB
	JORDAN C.	2/22	Reno/Sparks, NV
	ANGIE P.	2/23	Ft. Worth, TX
	DAVID L.	2/25	Downey, CA
	GEORGE M.	2/25	Downey, CA
<b>3 YEARS</b> . . . . .	SUZETTE W.	1/4	San Diego, CA
	KEITH M.	1/4	Rockville Centre, NY
	DAVE Y.	1/6	Ephrata, PA
	PAUL P.	1/8	Langhorne, PA
	ANDY D.	1/14	Palatine, IL
	ANGELIC J.	1/14	Roxborough, PA
	MICHAEL W.	1/15	San Diego, CA
	JOHN L.	1/31	Westlake Village, CA
	DAN S.	2/4	Las Vegas, NV
	BILL S.	2/10	Reno/Sparks, NV
	ZHIHAO J.	2/11	Los Angeles/Hollywood, CA
	KAT M.	2/13	Las Vegas, NV
	CHUCK J.	2/14	Las Vegas, NV
	GREG T.	2/16	White Palins, NY
	LONNIE S.	2/16	Wausau, WI
<b>2 YEARS</b> . . . . .	PATTY T.	1/3	Surrey, BC
	TONDA M.	1/4	San Diego, CA
	CHRIS L.	1/5	Plymouth Meeting, PA
	MICHELLE C.	1/14	San Diego, CA
	MARA G.	1/16	Elmhurst, IL
	CHARLIE I.	1/23	San Diego, CA
	MARIO P.	2/1	Plantation, FL
	CHRIS W.	2/5	Las Vegas, NV
	CONRAD	2/7	Rancho Cucamonga, CA
	ANNIE S.	2/7	Mahopac, NY
	DAVE P.	2/11	Los Angeles/Hollywood, CA
	LEE W.	2/11	Los Angeles Griffith Park, CA
	PATTY W.	2/11	Reseda Zoom, CA
	JASON B.	2/14	Las Vegas, NV
	SEGOK P.	2/16	Seoul, KOR
	GANGDONG S.	2/21	Seoul, KOR
	STEVE K.	2/22	Staten Island, NY
	MICHAEL C.	2/26	Dallas, TX
	SCENE M.	2/28	Dallas, TX

<b>1 YEAR</b> .....	MIKE	11/26	Calgary, AB
	HELENA G.	1/1	Dayton Zoom, OH
	DAN H.	1/2	Plymouth Meeting, PA
	LORRAINE H.	1/2	Plymouth Meeting, PA
	MARY R.	1/3	Ephrata, PA
	TOM W.	1/4	Trappe, PA
	AMY W.	1/6	Bethlehem, PA
	NATE M.	1/11	Hunting Park, PA
	PATSY B.	1/11	Ephrata, PA
	BOBBY W.	1/15	San Diego, CA
	NAIMA J.	1/15	Hunting Park, PA
	ROBERT S.	1/15	Doylestown, PA
	CAMILLE M.	1/18	Dayton Zoom, CA
	FRANK R.	1/23	Nazareth, PA
	LISA W.	1/24	San Diego, CA
	CARSON J.	1/25	San Diego, CA
	JOSH G.	1/26	Doylestown, PA
	MIKE S.	2/1	Yonkers, NY
	ROB M.	2/1	Staten Island, NY
	RANDY S.	2/2	White Plains, NY
	HARRIS W.	2/8	Massapequa Park, NY
	ADI K.	2/9	Linwood, NJ
	MARK G.	2/11	Church on the Hill, NY
	BLANCA R.	2/14	Las Vegas, NV
	VINNY G.	2/15	Massapequa Park, NY
	TODD L.	2/16	North Tonawanda, NY
	JOHN G.	2/16	Fort Worth Online, TX
	CHRIS B.	2/21	East 31 <sup>st</sup> St., NY
	JUNGANG K.	2/21	Seoul, KOR
	JUNGLIM K.	2/21	Seoul, KOR
	SANGIL A.	2/21	Seoul, KOR
	SUNGNAM K.	2/21	Seoul, KOR
	SUNGNAM L.	2/21	Seoul, KOR
	LUCCA C.	2/23	White Plains, NY
	JEFF L.	2/25	Los Angeles Griffith Park, CA
	RICK S.	2/27	Ardasley, NY

# I.S.O. CAN CONTRIBUTIONS

## JANUARY 2023

### CALIFORNIA

C4	Anaheim Wednesday	102.00	C527	Hesperia Tuesday	10.00
C16	Anaheim Monday PM	22.00	C755	Anaheim Friday AM	8.00
C28	Anaheim Sunday	76.00	C765	Fair Oaks Thursday AM	56.00
C29	Anaheim Tuesday Noon	3.00	C857	Elk Grove Tuesday	17.00
C46	Anaheim Saturday AM		C863	Rancho Cucamonga	
	Women	47.00		Thursday PM	73.00
C48	Rancho Cucamonga		C1012	Irvine Thursday	37.00
	Tuesday Zoom	20.00	C1014	Irvine Thursday Step PM	6.25
C49	Orange County		C1017	Simi Valley Thursday	78.33
	Intergroup	28.00	C1105	Sacramento Stop & Grow	
C77	San Diego Intergroup	246.00		Saturday AM	60.00
C82	Anaheim Thursday PM	49.00	C1285	Rancho Cucamonga	
C92	Mission Viejo Tuesday			Saturday PM	48.00
	PM	10.00	C1352	Dana Point Saturday AM	68.00
C161	Dana Point Saturday Step	27.00	C1403	Rancho Cucamonga	
C180	Stockton Tuesday	10.00		Wednesday PM	43.00
C184	Sacramento Tuesday AM	50.00	C1411	Rancho Cucamonga	
C185	Sacramento Thursday	31.50		Monday Noon	35.00
C187	Sacramento/Fair Oaks		C1417	Rancho Cucamonga	
	Saturday PM	38.00		Friday	57.00
C194	Orangevale Friday PM	49.00	C1538	Anaheim Tuesday PM	38.00
C413	Rancho Cucamonga		C1694	Auburn Wednesday	30.00
	Monday	5.00	C1724	Inland Empire Intergroup	38.00

### CONNECTICUT

C51	Coventry Wednesday	62.00
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### FLORIDA

C251	Clearwater/Windmoor		C262	Plantation Friday PM	17.00
	Thursday	25.00	C263	Plantation Wednesday PM	34.00

### GEORGIA

C1539	Norcross Sunday	10.00
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### ILLINOIS

C72	Edison Park Tuesday	20.00	C418	Schaumburg/Bartlett	19.00
C74	Cherry Valley Saturday		C424	Schaumburg	30.00
	AM	15.00	C528	Bolingbrook	200.00
C85	Kankakee	20.00	C659	Aurora Provena Monday	33.00
C100	Oaklawn Monday	60.00	C799	ST. Charles-Hosana	
C146	Elgin Sherman Oaks			Lutheran Thursday	36.00
	Hospital Sunday	5.50	C1207	Lisle Monday Women's	28.00

**ILLINOIS (cont)**

C1376 Buffalo Grove Friday	15.00	C1512 ST. Gertrude Sunday	19.00
C1506 ST. Elizabeth	19.00		

**LOUISIANA**

C849 Slidell Sunday	32.25
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**MASSACHUSETTS**

C84 Holbrook Wednesday	45.00	C1007 Quincy Saturday	24.00
C792 Hanson Thursday PM	64.00	C1126 Holbrook Sunday Noon	50.00
C830 West Bridgewater Saturday	40.00	C1600 Canton Tuesday	76.00

**NEW JERSEY**

C1457 Marlton Thursday	65.00
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**OREGON**

C1480 Oregon City Friday	36.00
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**PENNSYLVANIA**

C208 South Hills Tuesday	21.00	C215 Beaver/Vanport Monday	50.00
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**TEXAS**

C1587 Ft. Worth Tuesday	35.00
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**WASHINGTON**

C374 Vancouver Monday	285.00
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## GROUP CONTRIBUTIONS JANUARY 2023

**ARIZONA**

Scottsdale Saturday AM	100.00
Phoenix Tuesday Calvary 7:00 PM	35.00

**CALIFORNIA**

Belleville Tuesday	100.00
Burlingame Monday	125.00
Downey Saturday	70.00
Los Angeles Cedar Saturday	11.00
Lincoln Wednesday	12.00
Palm Desert Tuesday PM	27.00
Santa Monica Friday PM	20.00
Santa Monica Wednesday PM	151.00
Simi Valley Thursday	47.00

Walnut Creek Tuesday	25.00
Westlake Tuesday In Person	80.00

**CONNECTICUT**

Middletown Thursday	142.00
Milford	106.00
Norwich Monday	60.00
Pawcatuck Tuesday	5.00

**FLORIDA**

Boca Raton Monday Women Helping Women	20.00
Daytona Beach Tuesday	33.50
Daytona Beach Thursday	33.50
Delray Beach Thursday	
Crossroads	50.00



**FLORIDA (cont)**

Delray Beach Saturday	
Crossroads	50.00
Delray Beach Sunday	
Crossroads	50.00
Fort Myers Thursday	50.00
FT. Lauderdale 12 Steps	
House	20.00
Gainesville Monday	15.00
Gainesville Thursday	15.00
Maitland Sunday AM	50.00
North FT. Myers	50.00
North Palm Beach Monday	150.00
Palm Beach Gardens	
Thursday	50.00
Plantation Tuesday	160.00
Plantation Wednesday PM	100.00
Port St. Lucie Wednesday	10.00
Tampa Saturday Temple	
Terrace	50.00

**GEORGIA**

Norcross Sunday Korean	10.00
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**ILLINOIS**

Aurora Thursday Zoom	2.00
Aurora Wednesday Zoom	1.00
Evanston Sunday Zoom	1.00
ST. Charles Thursday	2.00

**MASSACHUSETTS**

Indian Orchard	50.00
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**MINNESOTA**

SE Metro	50.00
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**MONTANA**

Billings Westend	150.00
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**NORTH CAROLINA**

Raleigh Thursday	50.00
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**NEW JERSEY**

Colts Neck Tuesday	100.00
Edison Saturday AM	150.00
Freehold Friday	25.00
Mercerville Tuesday	50.00
Metuchen Tuesday	50.00
Old Bridge	5.00
Pompton Plains Tuesday	85.00
Sayrewoods	50.00
Summit Monday PM	50.00
Toms Rivers Thursday	50.00

Toms Rivers Saturday	25.00
Toms River Sunday	25.00
Willingboro Wednesday PM	250.00

**NEW MEXICO**

Santa Fe Monday PM	65.00
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**NEVADA**

Las Vegas Nuevo Comienzo	75.00
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**NEW YORK**

Bowmansville Monday	25.00
Eastside Chapter	200.00
New York City Monday	
West 46 <sup>th</sup> St.	20.00
Old Settlement House Sunday	60.00
Staten Island Wednesday	25.00
Staten Island St. Patrick's	
Thursday	10.00
Woodbury Monday	75.00

**OKLAHOMA**

Tulsa Monday PM	200.00
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**OREGON**

Eugene/Springfield	50.00
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**PENNSYLVANIA**

Collegeville/Trappe Thursday	50.00
Doylestown Monday	50.00
Harrisburg Monday	40.00
Havertown Monday	80.00
Langhorn	50.00
NE Philadelphia Friday	
Nazareth	25.00
Willow Grove Wednesday	40.00

**SOUTH CAROLINA**

North Myrtle Beach	50.00
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**TEXAS**

Dallas Pathways Sunday	45.00
You're Fort Worth It Online	120.00

**WASHINGTON**

Everett Thursday	100.00
Mount Vernon Tuesday	25.00
Snohomish Friday PM	20.00
Spokane@Country Homes	50.00
Tacoma Monday	20.00

**WISCONSIN**

Stevens Point Monday PM	20.00
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**KOREA**

Seoul	50.00
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## **GROUP CONTRIBUTIONS FROM GRATITUDE WEEK JANUARY 2023**

### **CALIFORNIA**

Novato Wednesday 120.00

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## **INTERGROUP CONTRIBUTIONS JANUARY 2023**

Baton Rouge . . . . .	50.00	L.A. Intergroup . . . . .	300.00
Chicagoland . . . . .	48.50	Northern California . . . . .	50.00
Delaware Valley . . . . .	150.00	Northern Nevada . . . . .	224.00
Detroit Toledo . . . . .	61.00	Orange County . . . . .	114.60
Florida West Coast . . . . .	600.00	Pittsburgh/Wheeling . . . . .	100.00
Greater Sacramento . . . . .	30.00	South Florida . . . . .	100.00
Houston/Gulfcoast . . . . .	50.00	Western Washington . . . . .	20.00
Inland Empire . . . . .	100.00		

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## **NATIONAL HOTLINE DONATIONS JANUARY 2023**

Area 1	L.A. Intergroup	28.00
Area 1B	Inland Empire Intergroup	50.00
Area 6	South Florida Intergroup	20.00

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## **BULLETIN SUBSCRIPTIONS JANUARY 2023**

One Bulletin Subscription for a total of \$48.00

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## **ONE TIME DONATIONS JANUARY 2023**

One-Time Donation  
Area 18A – South Australia

One-Time Donation in honor of Jim A.'s 27 years.  
Rochester Monday, New York

One-Time Donation in honor of Michelle W.'s 12 years.  
Rochester Monday, New York

One-Time Donation in memory of Vince V.  
Ray G., Huntington Beach, California

One-Time Donation  
Las Vegas Nuevo Comienzo, Las Vegas, Nevada

One-Time Donation  
Sunday Morning Phone Meeting, Miscellaneous Areas

One-Time Donation  
Nancy W., Kansas City, Kansas

One-Time Donation  
Alicia G., Brooklyn, New York

One-Time Donation  
Mary M., Warrenton, Oregon

One-Time Donation  
New Westminster Saturday, Abbotsford Monday  
and Surrey Serenity Thursday, British Columbia, Canada

One-Time Donation in loving memory of my father, Jim S.  
from Nebraska  
James S., Tempe, Arizona

January Meeting Donation  
Board of Regents, California

One-Time Donation  
Cloud Sunday, St. Cloud, Minnesota

One-Time Donation in memory of Janet D., 2 years,  
and John O., 36 years, both from Salem.  
Anonymous, Oregon

One-Time Donation in loving memory of my friend Dale B.  
from Rancho Cucamonga. He will be missed but never forgotten.  
Karen H., Monrovia, CA

# **GAMBLERS ANONYMOUS** **INTERNATIONAL SERVICE OFFICE** **OPERATING STATEMENT** **JANUARY 2023**

CASH IN OPERATING ACCOUNT JANUARY 1, 2023 ..... \$ 38,177.43

\*Withdrawal From Chase Bank for Citibank CD ..... \$ 195,075.02

## INCOME FOR JANUARY 2023

Group Contributions .....	5,149.00
Lifeliners .....	10,253.63
I.S.O. Can Contributions .....	3,006.83
Intergroup Contributions.....	1,998.10
National Hotline Donations .....	98.00
One-Time Donations.....	6,508.60
Gratitude Week .....	120.00
Bulletin Subscriptions.....	48.00
Sale of Literature .....	15,878.92
Literature Shipping .....	2,669.75
Sales Tax Collected.....	55.10
E-Readers .....	7.59
Merchant Services Cash Reward .....	.72
Interest From Checking Account .....	1.90
Bank Adjustments.....	.50
PayPal Literature Processing Fees .....	550.33

TOTAL ..... \$ 46,346.97

CASH AVAILABLE FOR JANUARY ..... \$ 84,524.40

## EXPENSES FOR JANUARY

Rent & Cam Fees .....	4,315.20
Payroll .....	16,973.78
Payroll Taxes (Federal & State) .....	2,098.40
Quarterly State Sales Tax .....	343.00
Payroll Processing Fees .....	301.81
Office Expenses .....	1,055.90
Health Insurance .....	1,362.72
Telephone .....	468.24
Electric Bill .....	143.10
Gas Bill .....	376.01
Maintenance/Monitoring ADT Alarm .....	42.55
Monthly Air Conditioning/Heater Maintenance.....	30.00
Match For Employees Simple IRA .....	448.98
Visa/MC Service Fee .....	64.40
IES BOT Meeting.....	403.96
Returned Checks.....	80.00
Bank Charges .....	.60
Literature.....	9,447.48
PayPal Literature Processing Fees .....	550.33
Postage .....	5,500.00
Lifeline Bulletins .....	1,466.88

TOTAL EXPENSES ..... \$ 45,473.34

MONTHLY NET INCOME (NET LOSS)..... \$ 873.63

CASH IN OPERATING ACCOUNT AS OF JANUARY 31, 2023 ..... \$ 64,126.08

## FISCAL YEAR STARTING JULY 1<sup>ST</sup> TO DATE NET INCOME

(NET LOSS)..... - \$(21,876.04)

\*To Open Citibank CD..... \$ 170,000.00

## Literature Sale!

**Effective January 1, 2023, prices on items shown  
below have been reduced while stock lasts.**

### Reduced Price

- 0.25 Suggestions for a Successful 90-Day Room
- 1.00 Handbook for Judiciary, Lawyers, Counselors, etc
- 1.00 Towards Recovery in Prison
- 0.25 Have I Quit the Fellowship?
- 5.00 Sharing Recovery Through Gamblers Anonymous (Blue Book) revised/printed 12/07
- 1.50 Spanish Working the Steps Pamphlet
- 0.75 Spanish Beyond 90 Days Booklet
- 0.50 Spanish Let it Stay Here - Card
- 0.25 \*\*Spanish\*\* G.A. Coins
- 2.50 Spanish Slogans of the Program - Cards
- 0.50 Spanish Coping With Urges
- 0.50 Spanish Your First Meeting
- 0.50 Spanish New Member Retention
- 0.25 GA Treasury Guideline Example
- 1.75 Group Study Book on Unity Steps
- 1.50 G.A. Intergroup Handbook
- 0.75 G.A. Suggestions for New Member Retention
- 2.00 Beyond 90 Days on CD
- \$ 2.00 Towards 90 Days on CD
- \$ 3.00 Big Steve DVD
- \$ 3.00 Even Up The Odds DVD

# 2023 Fall International Conference

## Chicago • November 17 - 19, 2023

### Hilton Oak Brook Hills Resort and Conference Center

3500 Midwest Road, Oak Brook, IL 60523

Plan	Package	Conference and Meals
A	Registration and 2 Dinners	\$225.00
B	Registration Only (Includes Lunch Voucher)	\$75.00
C	1 Friday Dinner Only	\$75.00
D	1 Saturday Dinner Only	\$75.00

Room Rates of \$120.00 per night are guaranteed for 3 days prior and 3 days following the conference. Hotel reservations are to be made directly with the Hilton Oak Brook Hills Resort & Conference Center by calling (630) 850-5555 or Toll Free at 1-800-HILTON. When booking your room, use the group code: CHIIIC and mention "2023 Fall Conference" to receive the discounted rates. Or use the following link:

<https://www.hilton.com/en/attend-my-event/chibhhh-chiic-a9091837-ff8b-43cb-8b84-78c58c75bc0b/>

**For additional info, visit our website: [www.internationalconference2023.org](http://www.internationalconference2023.org)**

**RESERVATIONS MUST BE MADE BY OCTOBER 16, 2023**

**TO RECEIVE THE CONFERENCE RATE**

These room rates do not include taxes. We recommend that you fly into one of the following Chicago Airports: CHICAGO O'HARE INTERNATIONAL (Airport Code ORD) or CHICAGO MIDWAY INTERNATIONAL (Airport Code MDW)

### – 2023 International Conference Registration Form –

#### Registrant #1

Full name: (Required) \_\_\_\_\_

**Plan(s) Selected:** \_\_\_\_\_ Name on Badge \_\_\_\_\_

Check (X) One: GA \_\_\_\_\_ GAM-ANON \_\_\_\_\_ NON-AFFILIATED \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State/Province: \_\_\_\_\_ Country \_\_\_\_\_

#### Registrant #2

Full name: (Required) \_\_\_\_\_

**Plan(s) Selected:** \_\_\_\_\_ Name on Badge \_\_\_\_\_

Check (X) One: GA \_\_\_\_\_ GAM-ANON \_\_\_\_\_ NON-AFFILIATED \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State/Province: \_\_\_\_\_ Country \_\_\_\_\_

**Amount Enclosed:** \_\_\_\_\_ (\$100 Minimum Deposit. Balance due by 11/1/2023)

*Checks or money orders payable to **Chicago International Conference** can be mailed with complete Registration Form to:*

**Chicagoland Intergroup, P.O. Box 3649, Lisle, IL 60532**

*For additional payment information and more details, please see online instructions.*

## **G.A. APPROVED TELEPHONE CONFERENCE CALL MEETING INFORMATION - JUNE 27, 2022**

### **ENGLISH-BASED MEETINGS FROM THE US**

Below are the details to call in for all the meetings. All US-based Telephone Conference Call meetings are based on Eastern Time Zone times.

#### **Day and Time**

<b>Eastern Time</b>	<b>Call-In Number</b>	<b>Meeting Code</b>	<b>Email for Information</b>
Wednesday 9PM	267-807-9601	9131957 #	weeklycallhelp@gmail.com
Friday 3PM	267-807-9601	9131957 #	weeklycallhelp@gmail.com

**US callers** who are trying to call the US numbers and have difficulty getting connected should scroll to the bottom for additional directions.

The telephone conference call platform we are using has local access telephone numbers for 74 different countries. If you are going to call from a foreign country, please use the appropriate email address to request the local calling numbers.

**ENGLISH-BASED MEETINGS FROM VANCOUVER, BRITISH COLUMBIA** – There are numerous local direct dial numbers throughout Canada and the US. To get a list, use the email below.

#### **Day and Time**

<b>Pacific Time</b>	<b>Call-In Number</b>	<b>Meeting Code</b>	<b>Email for Information</b>
Tuesday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Friday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Sunday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca

### **FOR U.S. CALLERS HAVING DIFFICULTY CONNECTING TO A CONFERENCE CALL**

If you can't get through to the conference call number, first recheck that you are using the proper dial-in number and meeting code. If you still have problems, you may text for help.

**First choice:** Text the word **HELP** to the conference call-in number. You will be texted an alternate call-in number.

**Second choice:** Text the words **CALL ME** to the conference call-in number. The system will call you back and connect you directly.

This information is available at [trusteewebsite.com/telephone-conference-call](http://trusteewebsite.com/telephone-conference-call)

# ***Where would you be today without G.A.? Become a Lifeliner Today!***

*A Lifeliner is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.*

You will benefit by becoming a Lifeliner because...

- ... it offers you a way to give back to the program that has given you so much.
- ... it allows you to make a commitment to the program in a more direct way.
- ... it helps the International Service Office to spread the message to those who haven't yet been blessed as you have.
- ... it makes you one of a special group of people who do a little extra for the program that saved their lives.
- ... it gives you a sense of responsibility.
- ... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: "Gamblers Anonymous saved my life. I can't do enough to repay the program for what it has done for me."

One of the ways you can give is by becoming a Lifeliner. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month's contribution. It's that easy!!

***Do it today – it's the right thing to do!***

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I PLEDGE A MONTHLY CONTRIBUTION AMOUNT OF: \_\_\_\_\_

NAME \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY & STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

*Please mail this with your initial contribution to:*

GAMBLERS ANONYMOUS I.S.O.

1306 MONTE VISTA AVE., STE. 5, UPLAND, CA 91786

***Thank you for your support!!***